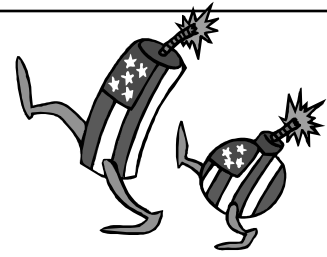







July 2011

Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
				1 Becky Kimball — Easy Listening
4 Center Closed 	5 Brunch & Learn 10:00 "Defeating Depres- sion"	6 Birthday Party 12:30 Foot Clinic by appt.	7 CNS Pamper Hour 10:30	8 Odell Summers & His Xylophone 11:30
11 Kelly Warren & His Guitar 11:30	12 Bear Lake Trip 10:00 Foot Clinic by Integrity Home Health Medicare 101 5:00	13 Memory Club 10:00 a Jerry Jensen 11:30 DAV Van Crystal Springs 1:15	14 Chiropractic by appt. Access Health & Wellness Clinic 10:00 Myers Day Wii Bowling 1:00 Comfort Club 6:00 p	15 AARP Safe Driving Class 8:30-12:30
18 Happy Feet 10:00 Kelly Warren & Karaoke 11:00 Gillies Dollar Days	19 Integrity BP Check & Game Day	20 Crystal Springs 1:15	21 South Pacific 6:30	22 Fall Prevention & Screening Clinic 11:00
25 Center Closed 	26	27 Memory Club 10:00 a Crystal Springs 1:15	28 Senior/Youth Craft Activity 12:00 Commodities	29

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4

WEEKLY

Advanced Spanish M 10:00 a
Tai Chi M 10:00 a
Beginning Spanish T 10:00
Watercolor Tue 9:45-12
Square Dance T 7-10 p

Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinochle Th 10:00 & 1:00
Ceramics 10-4 Tue & Fri
Oil Painting Th 9:30
Sit & Be Fit W/F 10:00
Woodcarving M 1:00
Bunka M 9:00
Facebook F 11:00

Computer classes as scheduled. Contact
Nancy to enroll.

GENERAL INFO: Telephone
Reassurance, Friendly Visitor, Info. and
Referral; Senior Transit M-W-F 226-1456;
MOW Hot meals M-F Frozen Sat-Sun.;
**Please make lunch & To Go
reservations one day in advance.**